

2022 North Carolina Youth Tobacco Survey (YTS) Questionnaire

This survey is about tobacco. We would like to know about you and things you do that may affect your health. Your answers will be used for programs for young people like yourself.

The answers you give will be kept private.

NO one will know what you answered. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. Try to answer all the questions. If you do not want to answer a question, just leave it blank. There are no wrong answers.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Please read every question. Try to answer all the questions. Select the squares next to the response you choose. When you are finished, follow the instructions of the person giving you the survey.

Thank You Very Much For Your Help.

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ACTUAL SURVEY TO BE ADMINISTERED VIA WEB

The first six questions ask some background information about you.

1. How old are you?
- A. 9 years old
 - B. 10 years old
 - C. 11 years old
 - D. 12 years old
 - E. 13 years old
 - F. 14 years old
 - G. 15 years old
 - H. 16 years old
 - I. 17 years old
 - J. 18 years old
 - K. 19 years old or older

2. What is your sex?
- A. Female
 - B. Male

3. What grade are you in?
- A. 6th
 - B. 7th
 - C. 8th
 - D. 9th
 - E. 10th
 - F. 11th
 - G. 12th
 - H. Ungraded or other grade

4. Are you Hispanic or Latino?
- A. No
 - B. Yes, I am Mexican, Mexican American, or Chicano
 - C. Yes, I am Puerto Rican
 - D. Yes, I am Cuban or Cuban American
 - E. Yes, I am some other Hispanic or Latino not listed here

5. What race or races do you consider yourself to be? (**Select one or more**)
- A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White

6. Which of the following best describes you?
- A. Heterosexual (straight)
 - B. Gay or lesbian
 - C. Bisexual
 - D. I identify in some other way
 - E. Not sure

The next several sections ask about your use of particular kinds of tobacco products, such as e-cigarettes, cigarettes, cigars, smokeless tobacco, hookah, pipe, snus, dissolvable tobacco, bidis, and heated tobacco products.

The first several questions are about e-cigarettes or vapor products. Some brand examples include **JUUL, SMOK, Suorin, Vuse, blu, Puff Bar, or STIG.**

E-cigarettes are battery powered devices that usually contain a nicotine-based liquid that is vaporized and inhaled. You may know them as e-cigs, vapes, vape-pens, e-hookahs, or mods. We will refer to them as e-cigarettes below

7. Have you **ever used** an e-cigarette or vapor product, such as JUUL, SMOK, Vuse, blu, Puff Bar or Stig even once or twice?
- A. Yes
 - B. No

Question Universe: ever e-cig users

8. How old were you when you **first used** an e-cigarette, even once or twice?
- A. 8 years old or younger
 - B. 9 years old
 - C. 10 years old
 - D. 11 years old
 - E. 12 years old
 - F. 13 years old
 - G. 14 years old
 - H. 15 years old
 - I. 16 years old
 - J. 17 years old
 - K. 18 years old
 - L. 19 years old or older

Question Universe: never e-cig users

9. Do you think that you will try an e-cigarette soon?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not

Question Universe: never e-cig users

10. Do you think you will use an e-cigarette in the next year?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not

Question Universe: never e-cig users

11. If one of your best friends were to offer you an e-cigarette, would you use it?
- A. Definitely yes
 - B. Probably yes
 - C. Probably not
 - D. Definitely not

Question Universe: ever e-cig users

12. During the **past 30 days**, on how many days did you use e-cigarettes?
Specify: |_|_| (Range 0 – 30)

Question Universe: past 30-day e-cig users

13. What flavors were the e-cigarettes that you have used in the past 30 days? (Select one or more)

- A. Tobacco flavored
- B. Menthol
- C. Mint
- D. Clove or spice
- E. Fruit
- F. Chocolate
- G. Alcoholic drinks (such as wine, margarita, or other cocktails)
- H. Candy, desserts, or other sweets
- I. Some other flavor not listed here (Specify:_____)

Question Universe: past 30-day e-cig users

14. Which of the following best describes the type of e-cigarette you have used in the past 30 days? If you have used more than one type, please think about the one you use most often.

- A. A disposable e-cigarette (for example, Puff Bar or STIG)
- B. An e-cigarette that uses pre-filled pods or refillable pods or cartridges, (for example, JUUL, SMOK, or Suorin)
- C. An e-cigarette with a tank that you refill with liquids (including mod systems that can be customized by the user)
- D. I don't know the type

Question Universe: past 30-day e-cig users

15. What brand of e-cigarette have you used in the past 30 days? (Select one or more)

- A. Blu
- B. Eonsmoke
- C. JUUL
- D. Leap
- E. Logic
- F. Mojo
- G. MJOY
- H. Posh
- I. Puff Bar
- J. SMOK (including NOVO)
- K. STIG
- L. Sourin
- M. Vuse
- N. Some other brand(s) not listed here (Specify:_____)
- O. Not sure/ I don't know the brand

Question Universe: past 30-day e-cig users

16. During the past 30 days, how did you get your e-cigarette devices, pods, cartridges, or e-liquid refills? (Select one or more)

- A. I bought them myself
- B. I had someone else buy them for me
- C. Someone offered them to me
- D. I got them from a friend
- E. I got them from a family member
- F. I asked someone to share theirs with me
- G. I got them in some other way (Specify:_____)

Question Universe: past 30-day e-cig users

- 17.** During the **past 30 days**, where did you **buy** your e-cigarette devices, pods, cartridges, or e-liquid refills??
(**Select one or more**)
- A. I did not buy e-cigarettes during the past 30 days [*exclusive response*]
 - B. I bought them from another person (a friend, family member, or someone else)
 - C. A gas station or convenience store
 - D. A grocery store
 - E. A drugstore
 - F. A mall or shopping center kiosk/stand
 - G. A vending machine
 - H. On the internet (such as a product website or store website like eBay or Facebook Marketplace)
 - I. Through a delivery service (such as DoorDash or Postmates)
 - J. A vape shop or tobacco shop
 - K. Some other place not listed here (Specify: _____)

Question Universe: past 30-day e-cig user who got or bought product from someone else

- 18.** Earlier you answered that you got or bought your e-cigarette devices, pods, cartridges, or e-liquid refills from another person, such as a friend or family member during the past 30 days. How old was this person?
- A. Younger than 18 years old
 - B. 18 years old
 - C. 19 years old
 - D. 20 years old
 - E. 21 years old or older
 - F. I don't know

Question Universe: past 30-day e-cig users

- 19.** During the past 30 days, how often did you use someone else's e-cigarette device?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

Question Universe: past 30-day e-cig users

- 20.** During the past 30 days, how often did you share your e-cigarette device with someone?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

Question Universe: ever/current e-cig users

- 21.** How often do you find it hard to get through the school day without vaping/using an e-cigarette?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Often
 - E. Almost always

22. Have you ever vaped marijuana (also called pot, weed, or cannabis), including THC, THC concentrates, hash oil, or waxes?

- A. Yes
- B. No
- C. I don't know

The next questions are about smoking conventional cigarettes (ones that are lit and burned).

23. Have you **ever tried** cigarette smoking, even one or two puffs?

- A. Yes
- B. No

Question Universe: never cigarette users

24. Do you think that you will try a cigarette soon?

- A. Definitely yes
- B. Probably yes
- C. Probably not
- D. Definitely not

Question Universe: never cigarette users

25. Do you think you will smoke a cigarette in the next year?

- A. Definitely yes
- B. Probably yes
- C. Probably not
- D. Definitely not

Question Universe: never cigarette users

26. If one of your best friends were to offer you a cigarette, would you smoke it?

- A. Definitely yes
- B. Probably yes
- C. Probably not
- D. Definitely not

Question Universe: ever cigarette users

27. During the **past 30 days**, on how many days did you smoke cigarettes?

Specify: |_|_| (Range 0 – 30)

Question Universe: past 30-day cigarette users

28. Menthol cigarettes are cigarettes that taste like mint. During the past 30 days, were the cigarettes that you usually smoked menthol?

- A. Yes
- B. No
- C. Not sure

The next 5 questions are about the use of cigars, cigarillos or little cigars such as Black and Mild, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts.

29. Have you **ever tried** smoking cigars, cigarillos, or little cigars, such as Black and Milds, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts, even one or two puffs?

- A. Yes
- B. No

Question Universe: ever cigar users

30. During the **past 30 days**, on how many days did you smoke cigars, cigarillos, or little cigars?
Specify: (Range 0 – 30)

Question Universe: past 30-day cigar users

31. During the **past 30 days**, how did you **get** your cigars, cigarillos, or little cigars? (**Select one or more**)
- A. I bought them myself
 - B. I had someone else buy them for me
 - C. Someone offered them to me
 - D. I got them from a friend
 - E. I got them from a family member
 - F. I asked someone to share theirs with me
 - G. I got them in some other way (Specify: _____)

Question Universe: past 30-day e-cig users

32. During the **past 30 days**, where did you **buy** your cigars, cigarillos, or little cigars? (**Select one or more**)
- A. I did not buy cigars, cigarillos, or little cigars during the past 30 days [*exclusive response*]
 - B. I bought them from another person (a friend, family member, or someone else)
 - C. A gas station or convenience store
 - D. A grocery store
 - E. A drugstore
 - F. A mall or shopping center kiosk/stand
 - G. A vending machine
 - H. On the internet (such as a product website or store website like eBay or Facebook Marketplace)
 - I. Through a delivery service (such as DoorDash or Postmates)
 - J. A vape shop or tobacco shop
 - K. Some other place not listed here (Specify: _____)

Question Universe: past 30-day e-cig user who got or bought product from someone else

33. Earlier you answered that you got or bought your cigars, cigarillos, or little cigars from another person, such as a friend or family member during the past 30 days. How old was this person?
- A. Younger than 18 years old
 - B. 18 years old
 - C. 19 years old
 - D. 20 years old
 - E. 21 years old or older
 - F. I don't know

The next two questions are about the use of chewing tobacco, snuff, or dip. Do not think about snus or dissolvable tobacco products when you answer these questions.

34. Have you **ever used** chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen, even just a small amount?
- A. Yes
 - B. No

Question Universe: ever smokeless users

35. During the **past 30 days**, on how many days did you use chewing tobacco, snuff, or dip?
Specify: (Range 0 – 30)

The next two questions are about smoking tobacco in a hookah, which is a type of waterpipe. Shisha (or hookah tobacco) is smoked in a hookah.

36. Have you **ever tried** smoking tobacco in a hookah or waterpipe, even one or two puffs?
- A. Yes
 - B. No

Question Universe: ever hookah users

37. During the **past 30 days**, on how many days did you smoke tobacco in a hookah or waterpipe?
Specify: (Range 0 – 30)

The next three questions are about “nicotine pouches” such as Zyn, on!, or Velo. These small, flavored pouches contain nicotine that comes from tobacco. Users place them in their mouth. Nicotine pouches are different from other smokeless tobacco products such as snus, dip, or chewing tobacco, because they do not contain any tobacco leaf.

Do not think about other forms of smokeless tobacco, such as chewing tobacco, snuff, dip, snus, or dissolvable tobacco when answering these questions.

38. Before today, have you heard of “nicotine pouches”?
- A. Yes
 - B. No
 - C. Don't know/Not Sure

39. Have you ever used a “nicotine pouch,” even just one time?
- A. Yes
 - B. No
 - C. Don't Know/Not Sure

Question Universe: ever nicotine pouch users

40. During the past 30 days, on how many days did you use a “nicotine pouch”?
Specify: (Range 0 – 30)

The next two questions are about the use of other tobacco products, not described in the previous sections.

41. Which of the following tobacco products have you **ever tried**, even just one time? (**Select one or more**)
- A. Roll-your-own cigarettes
 - B. Pipes filled with tobacco (not waterpipe)
 - C. Snus, such as Camel, Marlboro, or General Snus
 - D. Dissolvable tobacco products such as Ariva, Stonewall, Camel orbs, Camel sticks, Marlboro sticks, or Camel strips
 - E. Bidis (small brown cigarettes wrapped in a leaf)
 - F. Nicotine toothpicks, such as Pixotine
 - G. Heated tobacco products, such as iQOS, glo, and Eclipse
 - H. I have never tried any of the products listed above (*exclusive*)

Question Universe: ever users of one or more product in list

- 42.** In the **past 30 days**, which of the following products have you used on **at least one day**? (Select one or more)
- A. Roll-your-own cigarettes
 - B. Pipes filled with tobacco (not waterpipe)
 - C. Snus, such as Camel, Marlboro, or General Snus
 - D. Dissolvable tobacco products such as Ariva, Stonewall, Camel orbs, Camel sticks, Marlboro sticks, or Camel strips
 - E. Bidis (small brown cigarettes wrapped in a leaf)
 - F. Nicotine toothpicks, such as Pixotine
 - G. Heated tobacco products, such as IQOS, glo, and Eclipse
 - H. I have not used any of the products listed above in the past 30 days (*exclusive*)

Question Universe: current tobacco users

Now think about your responses to the questions about past 30 day use of e-cigarettes, cigarettes, cigars, smokeless tobacco, hookah, pipe, snus, dissolvable tobacco, bidis, and heated tobacco products.

The next question is about the urge to use tobacco products, including e-cigarettes and all products asked about in this survey.

- 43.** How soon after you wake up do you want to use a tobacco product?
- A. I do not want to use tobacco products
 - B. Within 5 minutes
 - C. From 6 to 30 minutes
 - D. From more than 30 minutes to 1 hour
 - E. After more than 1 hour but less than 24 hours
 - F. I rarely want to use tobacco products

Question Universe: past 30-day tobacco users

The next three questions ask about quitting tobacco products, including e-cigarettes and all products asked about in this survey.

- 44.** Are you seriously thinking about quitting the use of all tobacco products, including e-cigarettes and vaping? (Please choose the first answer that fits)
- A. Yes, during the next 30 days
 - B. Yes, during the next 6 months
 - C. Yes, during the next 12 months
 - D. Yes, but not during the next 12 months
 - E. No, I am not thinking about quitting the use of all tobacco products

Question Universe: past 30-day tobacco users

- 45.** During the **past 12 months**, how many times have you stopped using tobacco products for **one day or longer** because you were trying to quit **for good**?
- A. I did not try to quit during the past 12 months
 - B. 1 time
 - C. 2 times
 - D. 3 to 5 times
 - E. 6 to 9 times
 - F. 10 or more times

Question Universe: past 30-day tobacco users

46. In the past 12 months, did you do any of the following to help you quit using tobacco of any kind for good?

(Select one or more)

- A. I did not try to quit during the past 12 months (*Exclusive*)
- B. Attended a program at my school
- C. Attended a program in the community
- D. Texted a quit program for support
- E. Called a telephone help line or telephone quit line
- F. Used an app on my phone
- G. Used nicotine gum or lozenge
- H. Used nicotine patch
- I. Used any medicine to help quit
- J. Visited an Internet quit site
- K. Got help from family or friends
- L. Talked to a healthcare provider about quitting
- M. Used another type of tobacco product
- N. Tried to quit on my own or quit "cold turkey"
- O. I did something else not listed here (Specify: _____)

The next 8 questions ask about your thoughts on tobacco products.

47. How strongly do you agree with the statement 'All tobacco products are dangerous'?

- A. Strongly agree
- B. Agree
- C. Disagree
- D. Strongly disagree

48. Do you think that breathing smoke from other people's cigarettes or other tobacco products is...

- A. Very harmful to one's health
- B. Somewhat harmful to one's health
- C. Not very harmful to one's health
- D. Not harmful at all to one's health

49. Do you think that breathing vapor from other people's electronic cigarettes or e-cigarettes is...?

- A. Very harmful to one's health
- B. Somewhat harmful to one's health
- C. Not very harmful to one's health
- D. Not harmful at all to one's health

50. How harmful are combustible tobacco products (such as cigarettes, cigars, cigarillos, and little cigars) to your health?

- A. Not at all harmful
- B. Somewhat harmful
- C. Very harmful
- D. Extremely harmful
- E. Not sure

51. How harmful are electronic cigarettes or e-cigarettes to your health?

- A. Not at all harmful
- B. Somewhat harmful
- C. Very harmful
- D. Extremely harmful
- E. Not sure

<p>52. Do you believe that e-cigarettes are (LESS ADDICTIVE, EQUALLY ADDICTIVE, or MORE ADDICTIVE) than cigarettes?</p> <ul style="list-style-type: none"> A. Less addictive B. Equally addictive C. More addictive D. Not sure
<p>53. How much do you think people harm themselves when they vape AND smoke tobacco products (cigarettes, cigars, little cigars, or cigarillos) some days but not every day?</p> <ul style="list-style-type: none"> A. No harm B. Little harm C. Some harm D. A lot of harm
<p>54. Sometimes people use more than one tobacco product, like vaping and smoking cigarettes. Do you think that using more than one tobacco product is...</p> <ul style="list-style-type: none"> A. Much more harmful than using only one tobacco product B. Slightly more harmful than using only one tobacco product C. Equally harmful as using only one tobacco product D. Slightly less harmful than using only one tobacco product E. A lot less harmful than using only one tobacco product
<p><i>The next three questions ask about you being around other people's tobacco smoke. Do not include exposure to vapor from e-cigarettes.</i></p>
<p>55. During the past 7 days, on how many days did someone smoke tobacco products in your home while you were there?</p> <ul style="list-style-type: none"> A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days
<p>56. During the past 7 days, on how many days did you ride in a vehicle when someone was smoking a tobacco product?</p> <ul style="list-style-type: none"> A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days
<p>57. During the past 7 days, on how many days did you breathe the smoke from someone who was smoking tobacco products in a public place? Examples include school buildings and grounds, stores, restaurants, sports arena/stadiums, parks and trails, bus stops, sidewalks, and parking lots.</p> <ul style="list-style-type: none"> A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days

The next two questions ask about being around other people's e-cigarette vapor. Some e-cigarette brands include JUUL, SMOK, Suorin, Vuse, blu, Puff Bar, or STIG. Do not include exposure to smoke from tobacco products.

58. During the past 7 days, on how many days did someone use an e-cigarette in your home while you were there?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

59. During the past 7 days, on how many days did you breathe the vapor from someone who was using an e-cigarette in a public place? Examples include school buildings and grounds, stores, restaurants, sports arena/stadiums, parks and trails, bus stops, sidewalks, and parking lots.
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

60. Does anyone who lives with you now...? (Select one or more)
- A. Smoke cigarettes
 - B. Smoke cigars, cigarillos, or little cigars
 - C. Use chewing tobacco, snuff, or dip
 - D. Use e-cigarettes
 - E. Smoke tobacco in a hookah or waterpipe
 - F. Smoke pipes filled with tobacco (not waterpipes)
 - G. Use snus
 - H. Use dissolvable tobacco products
 - I. Smoke bidis (small brown cigarettes wrapped in a leaf)
 - J. No one who lives with me now uses any form of tobacco (exclusive)